

## **July 14, 2009 Trailseekers Meeting Minutes**

The Trailseekers of Moreno Valley, Inc General Membership meeting started at 6:30 pm with Sheila Rappleye demonstrating touch therapy with Marcia's two horses, Blossom, an Arab, and Wyco, a BLM Mustang. She talked about using a tantalizing touch, rather than a heavy, aggressive touch, to calm and relax your horse. She showed us various locations on the head and neck to touch. Then she worked on Barbara's mule, Chloe and then on Diane's thoroughbred, Hero. It was interesting to see how the different horses reacted to the touches.

Attending the demonstration were: Margie Breitkreuz, Marcia Narog, Sue Gilchrist, Barbara Kimbell, Deanna Rasmussen, Dana Roachat and her daughter, Kim Nelson, Sherill Franklin and Diane and her daughter.

Sheila Rappleye will be back by popular demand, to demonstrate touch therapy at our next meeting on August 11, 2009 at 6:30 pm. All are welcome to bring their horses and learn the touch techniques on their own horses. Sheila suggested bringing several "good" treats (apple or carrot) and several sugary sweets (sugar cube, sweet feed, etc) for an experiment and demonstration on the effects of sugar and your horse